

CLAN WA invites you to a presentation of:



**THE  
RESILIENCE  
DOUGHNUT®**

## **BUILDING STRONG AND RESILIENT YOUNG PEOPLE** **A practical Australia model for building resilience**

Researchers studying resilient people have identified the protective factors - both internal and external - that help them bounce back from adverse circumstances. The Resilience Doughnut® developed by Lyn Worsley is based on these factors.

This innovative and practical tool is relevant and simple to use. It can be used by anyone, even children as young as five. It is great for teachers, professionals, parents and young people—indeed, anyone who want to increase their resilience.

**This workshop will introduce participants to the Resilience Doughnut and how to apply it.**

Date: Monday, March 8th  
Time: 9.30 — 12.00  
Where: Lotteries House,  
Civic Blvde, Rockingham  
Cost: \$55.00 (GST inclusive)  
(CLAN WA will pay for CLAN  
staff & Volunteers)

### ***About the presenter ...***

*Val Gandossini is the Training and Development Officer with CLAN WA. She became an accredited Resilience Doughnut trainer in early 2009.*

### **BOOKINGS ESSENTIAL**

**Please complete the booking form on  
the next page**

For more information, visit:  
[www.clanwa.com.au](http://www.clanwa.com.au)  
[www.theresiliencedoughnut.com.au](http://www.theresiliencedoughnut.com.au)



**CLAN  
WA INC**

**CLAN WA  
Resilience Doughnut workshop**



**BOOKING FORM / TAX INVOICE**

**CLAN WA ABN 17 673 097 195**

Your name: _____	Phone: _____
Name of agency: _____	Mobile: _____
Postal address: _____	
Email: _____	
Any special needs (e.g. accessibility) _____	

I would like to attend the Resilience Doughnut workshop on March 8th, 2010.

**The cost of the workshop is \$55.00. Fee is inclusive of GST.  
Payment is required to secure your booking.**

NOTE: For CLAN WA staff and volunteers, payment will be made by CLAN WA.  
Please indicate here if this applies to you:

CLAN WA Volunteer  CLAN WA staff

Payment details (please tick):

EFT

Cheque (payable to CLAN WA)

Account name: CLAN WA  
BSB: 066 – 134  
Account: 1023 7002

Please state RD and your surname (or agency)  
on your payment if paying by EFT.

Please send your booking form to CLAN WA, PO Box 8089, Perth Business Centre,  
Perth WA 6849 OR Fax to 9228 9028 to secure your booking.

For more information, call Val Gandossini at CLAN WA on 9472 9144 or  
Email [val.g@clanwa.com.au](mailto:val.g@clanwa.com.au)